

Welcome to Tadmor (Palmyra)

Dear Colleagues

On my behalf and on behalf of the organizing committee, I am delighted to welcome you to Tadmor on the occasion of the 19th meeting of the Syrian Diabetes Association.

Considering that diabetes has become the epidemic of the century in spite of all our efforts to make an impact, we have to start by controlling the risk factors that will inevitably lead to a health crisis of immense proportions in the foreseeable future.

The scientific program will contain several lectures and sessions focusing on prevention measures, in addition to up-to-date reviews on management and treatment strategies.

We have a group of distinguished lecturers and researchers who will help us in coming up with practical recommendations on prevention of diabetes, that can be hopefully implemented at the local level with help from private and governmental authorities.

We hope you enjoy your stay in this historical city.



Najat Snige, M.D
President of the congress

Committees

Chairman :

Najat Sniege,MD
President of Syrian Diabetes Association Syria

Scientific Committee :

Chairman:

Nabil Isseh,M.D Syria
Samir Ouis,M.D Syria

Members :

Bassam Abdul massih,M.D Syria
Hassan Hatahe,M.D Syria
Majed Fallaha,M.D Syria
Malek Bozo,M.D Syria
Malek Bozo,M.D Syria
Mounzir Sayegh. M.D Syria
Munif Muree,M.D Syria
Nizar Albache,M.D Syria
Wael Abdulmual Basha,M.D Syria
Younis Kabalan,M.D Syria

Organizing Committee :

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Maher Khodor,M.D Syria

Members :

Abeer Ahmad,M.D Syria
Ghassan Arab,M.D Syria
Ghazi Niazi,M.D Syria
Gorge Saade,M.D Syria
Hanna Ghanem,M.D Syria
Issa Haddad,M.D Syria
Kamel Kebbewar,M.D Syria
Nada Shikh yusuf,M.D Syria
Ziad Heraki,M.D Syria
Zuhir Fadda,MD Syria

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Walid Masri,M.D Syria

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Farid Saifo,M.D Syria
Ibtisam Haj Hussien,M.D Syria
Salah Mnzer,M.D Syria

Social Committee :

Ahmad Khatib,M.D Syria

Members :

Burahn Makhul,M.D Syria
Ibtisam Haj Hussien,M.D Syria
M. Muhsen Saleh,M.D Syria
Walid Jadaa,M.D Syria

Names are arranged by alphabet order

Wednesday 10 November

12:00 - 12:30	<p>Opening</p> <p>President of Syrian Diabetes Association HE Minister of Health</p>
12:30 - 13:00	<p>Palmyra: a Brief History</p> <p style="text-align: right;">Zuhir Fadda, M.D (Syria)</p>
13:00 - 13:30	<p>“DM and Arterial sclerosis”</p> <p style="text-align: right;">Iyad Shatti, M.D (Syria)</p> <p>Chairmen: N. Isseh, M.D H. Ghanem, M.D</p>
13:30	Medical Exhibition opening
14:00 - 16:00	LUNCH Break
16:00 - 17:00	<p>“Glucose Control in type 2 diabetes: how low should we go?”</p> <p style="text-align: right;">Edwin Gale, M.D (UK)</p> <p>Chairmen: N. Shikh Yusuf, M.D G. Saade, M.D</p>
17:00 - 17:30	<p>Satellite Symposium sponsored by Rouch</p> <p>Session on Diabetes Education Management and Control and on Accu-Chek Education Tools (AC Assist and 360 view)</p> <p style="text-align: right;">Mohammed Sakjha, M.D (Jordan)</p>
17:30 - 18:00	Coffee Break
18:00 - 19:00	<p>“Bone and beta cell interaction: new interactors and potential drug targets”</p> <p style="text-align: right;">Abdul Badee Abou-Samra, M.D (USA)</p> <p>Chairmen: M. Hatahet, M.D I. Haj Hussien, M.D</p>
19:00 - 20:00	<p>“Prevention and management of diabetes complications, A model for educational program”</p> <p style="text-align: right;">Mesbah Kamel, M.D (Egypt)</p> <p>Chairmen: M. Bozo, M.D A. Khatib, M.D</p>
20:00 - 20:30	General Assembly Meeting of SDA
21:00	DINNER Sponsored By Seriver

Thursday 11 November

8:30 - 9:30	<p>“The diabetes challenge in 2010: From organizations to patient care” Pierre Lefebvre, M.D (Belgium)</p> <p>Chairmen: S. Ouis, M.D Y. Kaplan, M.D</p>
9:30 - 10:30	<p>“Glitazones and bone health” Selim Jambart, M.D (Lebanon)</p> <p>Chairmen: Y. Alsayed, M.D A. K. Hajouan, M.D</p>
10:30 - 11:00	Coffee Break
11:00 - 12:00	<p>“Neuroendocrine regulation of body weight and apatite” Abdul Badee Abou-Samra, M.D (USA)</p> <p>Chairmen: A. Dliwati, M.D F. Seifo, M.D</p>
12:00 - 13:00	<p>“Tsunami of Metabolic Syndrome” Khaled Rubean, M.D (KSA)</p> <p>Chairmen: N. Isseh, M.D M. Fallaha, M.D</p>
13:00 - 13:30	<p>Satellite Symposium Sponsored by Unipharma “ACE Inhibition: The Evidence Based Cardiovascular Management and Protection” Adel El-sayed, M.D (Egypt)</p> <p>“Metformin : a drug for all seasons” Nabil Isseh, M.D (Syria)</p>
13:30 - 16:00	LUNCH Break sponsored by Unipharma
16:00 - 17:00	<p>“Cardiovascular Risk Reduction in Diabetes, What is new?” Adel El-sayed, M.D (Egypt)</p> <p>Chairmen: B. Abdulmaseeh, M.D W. Masri, M.D</p>
17:00 - 18:00	<p>“Organization of diabetes care” Gerry Rayman, M.D (UK)</p> <p>Chairmen: G. Niazi, M.D M. Khodor, M.D</p>
18:00 - 18:30	<p>Satellite Symposium Sponsored by Eli Lilly “Insulin Lispro, a Mealtime Combinations to Manage Type 2 Diabetes” Selim JAMBART, MD (Lebanon)</p>
18:30 - 19:00	Coffee Break

19:00 - 20:00	<p>"Lessons from glucagon research"</p> <p style="text-align: right;">Pierre Lefebvre (Belgium)</p> <p>Chairmen: B. Abdulmaseeh, M.D M. Al-Khouja, M.D</p>
20:00 - 20:30	<p>Satellite Symposium Sponsored by Barakat</p> <p>"Pioglit-Met"</p> <p style="text-align: right;">Selim Jambart, M.D (Lebanon)</p> <p>"the advantages of combining two insulin sensitizers"</p> <p style="text-align: right;">Nizar Albache, M.D (Syria)</p>
21:00	DINNER sponsored by Barakat

Friday 12 November

8:30 - 9:30	<p>"The diabetic foot"</p> <p style="text-align: right;">Gerry Rayman, M.D (UK)</p> <p>Chairmen: N. Al-bache, M.D M. Sayegh, M.D</p>
9:30 - 10:00	<p>Satellite Symposium Sponsored by Sanofi Aventis</p> <p>"Stepwise Approach to insulinization of Diabetes Patients"</p> <p style="text-align: right;">Abdul Razzaq Almadani ,M.D (EAU)</p>
10:00 - 10:30	Coffee Break
10:30 - 11:30	<p>"Arab ethnicity as a risk factor for type 2 diabetes"</p> <p style="text-align: right;">Khaled Rubean, M.D (KSA)</p> <p>Chairmen: W. AlJaddou, M.D M. Sabbagh, M.D</p>
11:30 - 12:30	<p>"Cancer and diabetes"</p> <p style="text-align: right;">Edwin Gale, M.D (UK)</p> <p>Chairmen: G. Hommos , M.D A. Ali Ahmed, M.D</p>
	Closing Remarks

Hotel reservations

Samiramis hotel :

Single room :	3.600 S.P. + 12.5% Tax.
Double room :	3.850 S.P. + 12.5% Tax.
Suite single :	6.100 S.P. + 12.5% Tax.
Suite Double :	6.500 S.P. + 12.5% Tax.
Break Fast :	500 S.P. + 10.5% Tax.

Tadmora Hotel :

Single room :	5.700 S.P. Including Tax & Breakfast
Double room :	6.600 S.P. Including Tax & Breakfast
Suite :	15.750 S.P. Including Tax & Breakfast

Registration Fees

Member of SDA	1500 S.P
Non-Member	2000 S.P
Accompany	1500 S.P
Accompany No.	1 Person
Doctors	100\$
Accompany	50\$

For more information about the congress, medical exhibition and hotel reservation, please call the Secretary of the SDA :
Miss Kholoud Estatyeh: 00963112318900,
time: 10:00 - 13:00.



Professor Abdul Badee Abou – Samra

Professor of Physiology, Department of Physiology, Wayne State University School of Medicine, Detroit, Michigan

FACULTY APPOINTMENTS

CURRENT APPOINTMENTS:

- 32007/ – Professor of Medicine, Department of Internal Medicine; Wayne State University School of Medicine, Detroit, MI
- 32007/ – Chief, Division of Endocrinology, Diabetes and Metabolic Diseases; Wayne State University School of Medicine, Detroit, MI
- 32007-/ Director, Endocrinology Fellowship Program, Wayne State University School of Medicine, Detroit, MI
- 32007-/ Director, Endocrinology Research Laboratory, Wayne State University School of Medicine, Detroit, MI
- 72008-/ Professor of Molecular Medicine and Genetics, Center of Molecular Medicine and Genetics (CMMG), Wayne State University School of Medicine, Detroit, MI
- 22010-/ Professor of Physiology, Department of Physiology, Wayne State University School of Medicine, Detroit, Michigan

CURRENT HOSPITAL APPOINTMENTS:

- 32007/ – Staff Physician and Chief, Endocrinology, Detroit Medical Center, Detroit, MI
- 32007/ – Director, Diabetes Program, Detroit Medical Center, Detroit, MI
- 32007/ – Director, ACGME-Sponsored Endocrinology Fellowship Program, Wayne State University School of Medicine and Detroit Medical Center, Detroit, MI

MEMBERSHIP PROFESSIONAL SOCIETIES

- Endocrine Society
- American Federation for Clinical Research
- American Society for Bone and Mineral Research
- American Medical Association
- American Association for the Advancement of Science
- Massachusetts Medical Society
- American Society for Clinical Investigations



Professor Adel Abdel Aziz El-Sayed

is a Professor of Internal Medicine and chairman of the Diabetes Unit, Suhag Faculty of Medicine, Suhag University, Suhag, EGYPT.

He is the current Chairman Elect of Middle East and North Africa (MENA) Region of the International Diabetes federation IDF, member of the Egyptian High Council of Medical Sciences and Nutrition in the Academy of Scientific Research and Technology, founder and member of the steering committee of Diabetes in Asia Study Group DASG and currently the treasurer of the group, member of the board of administration of the Egyptian Diabetic Association (the Egyptian representative in the International Diabetes Federation IDF) and Chairman of its Upper Egypt Branch. He is a chairman and Invited speaker to a large number of national and international scientific conferences.



Professor Edwin A.M. Gale

Edwin Gale is Professor of Diabetic Medicine at Bristol University, and former Head of the University Department of Clinical Science in North Bristol. He qualified in 1972 and has had a major interest in diabetes since 1976, prompted by a period spent working with Robert Tattersall in Nottingham. He went on to train in Copenhagen and Oxford before becoming a Senior Lecturer (rising to Professor) at St Bartholomew's Hospital in London. Here he worked with Franco Bottazzo on the Bart's-Windsor Study founded by Andrew Cudworth, and went on to establish the population-based Bart's-Oxford Family Study in 1985. He moved to Bristol with his team in 1997.

In collaboration with many other groups, his team helped to develop the current model used to predict future onset of diabetes in close relatives of an affected child. He coordinated ENDIT (1994-2003-), a multinational intervention trial in high-risk relatives of children with type 1 diabetes. He also worked with the EURODIAB ACE network to develop a clearer picture of the epidemiology of childhood onset diabetes in Europe. Edwin Gale was awarded the Banting Lecture by Diabetes-UK in 2007, and was President of the Association of Physicians of Great Britain and Ireland in that same year. He chairs the Special Advisory Group for Diabetes and Endocrinology of EMEA (European Medicines Evaluation Agency). As Editor of *Diabetologia*, he has written reviews and opinion pieces on many aspects of diabetes



Professor Gerry Rayman

He is Consultant Physician and Head of Service at the Diabetes and Endocrine Centre, Ipswich Hospital NHS Trust.

He qualified from the Middlesex Hospital and trained in Endocrinology and Diabetes at Charing Cross and Addenbrooke's Hospitals.

His MD was on 'Microvascular Haemodynamics in the Diabetic Foot'. His interests are diabetic foot complications, new technologies in diabetes care and patient and professional education.

Dr Rayman established the Foundation Course in Clinical Diabetes for SpRs and the ABCD SpR meet the expert sessions and was involved in setting up the Young Diabetologists SpR Forum. He is co-organiser of the Malvern foot conference has been on the organising committee of several DiabetesUK conferences.

He has contributed on behalf of the RCP and Diabetes UK to the NICE guidelines for Diabetes Education and also the NICE guidelines on management of the diabetic foot. He has been involved in developing group education programmes in diabetes including the DESMOND (group education for Type 2 diabetes) and the FACTS programmes (group education for families).

He is a committee member of the Association of British Clinical Diabetologists and previously member of several DiabetesUK committees.

Dr Rayman is the National Clinical Lead for Inpatient Care (NHS Diabetes). He is leading a number of work streams aimed at improving inpatient diabetes care and patient experience. These which include working with the Joint British Diabetes Societies on standards and guidelines around aspects of diabetes inpatient care, implementation of the 'Putting Feet First' programme and leading the National Diabetes Inpatient Audit Day, the largest survey of inpatient care.



Professor Khaled Rubean

ACADEMIC QUALIFICATIONS

September 1989	Certificate of Special Competence in Endocrinology and Metabolism
November 1988	F.R.C.P.(C) The Royal College of Physician and Surgeons of Canada.
November 1988	Master Degree in Epidemiology University of Alberta, Alberta Canada
July 1980	M.B.B.S. King Saud University (Formerly called Riyadh University) Kingdom of Saudi Arabia.

Current Appointment/ Professional Experience:

Director of University Diabetes Center, King Saud University, Riyadh, Kingdom of Saudi Arabia
Board Director of Strategic Center for Diabetes Research, King Saud University
Assistant Professor of Medicine, College of Medicine, King Saud University
Consultant Endocrinologist, King Khalid University Hospital, King Saud University
Chief Editor of Al Sukhari Magazines, University Diabetes Center, King Saud University
Chairman of Diabetes Science International
Chief Editor of International Journal of Diabetes Mellitus, University Diabetes Center, King Saud University
Editorial Board of CMEonDiabetes.med.sa
University diabetes center, King Saud University
Member of the Research Chair, King Saud University
Member of the Saudi National Diabetes Committee, Ministry of Health, Riyadh, Kingdom of Saudi Arabia.
Head of Saudi National Diabetes Registry.
President (Saudi Arabia) of Pan Arab Group for the study of Endocrinology and Diabetes

MEMBERSHIP OF MEDICAL ASSOCIATION

- Member of the Royal College of Physicians and Surgeons in Canada
- Member of the International Diabetes Federation
- Member of the American Diabetes Association
- Member of the Saudi Diabetes and Endocrine Association
- Member of the European Association for the Study of Diabetes



Professor Mesbah Kamel

Consultant internal medicine, Minia University Egypt

Member of the executive board of Egyptian Diabetic Association (EDA).

He established Minia branch of the EDA .

Member of Diabetes in ASIA Group DASG .

He participate in many studies and researches in field in of diabetes , the largest was epidemiological study for diabetes complications in Egypt presented at IDF meeting in Paris.



Professor Pierre J. LEFEBVRE

He received his MD Degree at the University of Liège, Belgium and got his PhD at the same University. He is presently Emeritus (active) Professor of Medicine and clinical Consultant at the University of Liège where he has been Chairman of the Department of Medicine (1988-2000) and Head of the Division of Diabetes, Nutrition and Metabolic Disorders (1970-2000).

His research has been devoted to the physiology and pathophysiology of metabolic regulations with particular emphasis on glucagon, insulin and physical exercise. He performed numerous studies on the pathogeny and treatment of Type 2 diabetes and obesity. Among his main contributions are:

- the demonstration of the role of glucagon in lipolysis and the regulation of glucagon secretion by circulating FFA
- the study of the factors regulating gastric glucagon release using a unique model of isolated-perfused dog stomach
- the first description of the use of « naturally labeled ^{13}C -glucose » for metabolic studies in man (paper published in Science)
- the systematic analysis of the contribution of ingested sugars before, during and after physical exercise in man
- the study of continuous subcutaneous insulin infusion in diabetic patients, including the consequences of a deliberate interruption of the infusion
- a critical re-evaluation of the reactive hypoglycemia syndrome
- innovative studies on the use of computers in patient education
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P. LEFEBVRE has published more than 25 books and 900 papers. He serves or has served on the Editorial Board of more than 20 International Journals. He has been recognised by several awards including the Masius Award (University of Liège, 1965), the University Foundation Alumni Award (Brussels, 1968), the Pfizer Award (Royal Academy of Medicine, Belgium 1979), the Claude Bernard Award (European Association for the Study of Diabetes, 1984), the Maurice Dérot Award (Paris, 1987) the Paul Langerhans Award (Deutsche Diabetes Gesellschaft, 1992), the Mizuno Award (Tokyo, 1996), the Novartis Long-Standing Achievement in Diabetes Award (2000), etc... He has given the Alexander Marble (Boston, 1993), the Celal Oker (Istanbul, 1993) and the Banting Memorial (Diabetes

UK, 2001) Lectures. He has been invited to give « State-of-the-Art » lectures at numerous international Congresses.

Pierre LEFEBVRE has been President of the Belgian Diabetes Association and the European Association for the Study of Diabetes. In 1991-1997, he has been Vice-President of the International Diabetes Federation (IDF) and first Chairman of the IDF Education Foundation. Between 2003 and 2006 he has been President and, in 2009, has been elected Honorary President of the IDF. Since 2003, he is Chairman of the Board of Directors of the World Diabetes Foundation

Pierre LEFEBVRE is member and former President of the Royal Academy of Medicine of Belgium, Foreign Associate member of the Académie Nationale de Médecine (Paris), member of the Academia Europaea and has been elected Fellow of the Royal College of Physicians (London). He is Doctor honoris causa of the Universities of Badajoz (Spain), Laval (Québec, Canada), Helsinki (Finland), Paris VI (France), Cluj-Napoca (Rumania), Athens (Greece) and Clermont-Ferrand (France).



Professor Selim JAMBART

Selim JAMBART is professor of endocrinology and former vice-dean at St-Joseph University Faculty of Medicine; Beirut, Lebanon, head of endocrinology and metabolism division at Hotel-Dieu de France Hospital; Beirut, Lebanon, president of the Lebanese Atherosclerosis Society and past president of the Lebanese Society of Endocrinology, Diabetes and Lipids. He is member of the Diabetes Advisory Board in the National Program for Non Communicable Diseases. He is also former member of the executive board of the Mediterranean Group for the Study of Diabetes, member of the Endocrine Society, the American Association of Clinical Endocrinologists, and the French Endocrine Society.

Pr. Jambart received his medical education at the French Faculty of Medicine in Beirut and postgraduate training in Paris. He is fellow of the American College of Endocrinology. He has conducted many epidemiological and clinical studies. He was the main organizer of the “Diabetes Educators Train the Trainers Program” held under the patronage of the Lebanese Ministry of Health and World Health Organization. He is a contributor to international medical journals, congresses and symposia, as well as continuous medical education programs.